

Transitional Care at Sunrise Terrace

Pulmonary Specialty Program

The Pulmonary Specialty Program focuses on enhancing the functional capacity of patients with chronic respiratory impairments. Often times, patients with COPD experience difficulty breathing which worsens with exertion due to limited respiratory capacity. This impacts the patient's day to day function ability to complete basic tasks. Physical and Occupational therapists utilize protocols for breathing techniques, relaxation techniques, exercises to enhance lung function and improve tolerance, energy conservation training, endurance training, and patient and caregiver education. This team also has extensive experience working with patients who have been hospitalized with pneumonia, and will work with you to prevent re-admission to the hospital, stabilize your medical condition, help you regain your functional independence, and assure you have a successful, satisfactory, and safe transition home.

Our Physical, Occupational, and Speech Therapists' customized plan of care is developed leveraging the patient's cognitive strengths and abilities. This program explores skill including daily problems solving and reasoning, memory, comprehension, sequencing, orientation, functional communication, social interaction, functional mobility and safe activities of daily living performance. Caregiver education, environmental modification and task simplification are key to the success of this program.

Each patient's Pulmonary Specialty Program is customized based on physician recommendations and protocols. Our Program includes the highest level of medical and nursing care, outside the hospital setting. In an atmosphere that is appreciated by both patients and their families, physicians and other highly-skilled professionals monitor each patient. Around the clock, Licensed Nurses and Certified Nursing Assistants provide care.

This care includes assistance with getting in and out of bed, feeding, bathing and dressing. In addition to Therapy and Nursing Team Members, our Transitional Care Team of Experts also includes a Licensed Dietitian and Social Worker who together provide compassionate, patient-centered care and are genuinely committed to patients returning to their lives as safely as possible.

Our Goal is to help you "Get Well...Go Home" after hospitalization in a manner that is safe and minimizes your risk for re-admission to the hospital.

We have successfully returned 81 patients home after rehabilitation at Sunrise Terrace Nursing and Rehab.

This is what our patients have to say about our Transitional Care Program:

"The hospital didn't give me much hope, when I came in, I didn't think I'd be able to go home. Now I'm better than before. Everybody was so good." Wanda Linder

"No complaints, therapy made me work, they were good, that's why I'm going home. I was lucky to come here. Good bunch of people." Butch Johnson

"My therapist cared and worked with me so I could return home." Shirley Finke

"This is a great service you provide here. Everyone was friendly and considerate. Therapy really helped get me back on my way." Julia Bletscher

"If I ever need to be somewhere, this is the best place to be." Eva Kepper

"Oh yes, I would recommend them! All the staff work with you in a caring and encouraging way to do different things. They go that extra mile." Connie Barnes