

Transitional Care at Sunrise Terrace

Dysphagia Management Program

Our Dysphagia Management Program is a program that safely and effectively manages a swallowing and/or feeding disorder. There are multiple phases of swallowing (oral, pharyngeal and esophageal). Speech therapists assess each phase of swallowing and collaborate with other interdisciplinary team members to develop the optimal plan of care for each patient with dysphagia.

Pneumonia, aspiration, weight or appetite loss, vocal alterations, limited oral intake, dehydration, choking, persistent coughing are some of the symptoms which may require a thorough assessment. Treatment approaches may include positioning, oral motor exercises, diet trials and recommendations, adaptive equipment, feeding and drinking techniques, and tactile stimulation.

Our Speech Therapists' customized plan of care is developed leveraging the patient's cognitive strengths and abilities. Each patient's Dysphagia Management Program is customized based on physician recommendations and protocols and includes the highest level of medical and nursing care, outside the hospital setting. Physicians and other highly-skilled licensed nurses and certified nursing assistants monitor each patient around the clock in an atmosphere that is appreciated by both patients and their families.

This care includes assistance with getting in and out of bed, feeding, bathing and dressing. In addition to Therapy and Nursing Team Members, our Transitional Care Team of Experts also includes a Licensed Dietitian, Social Worker, and Payment Specialist who together provide compassionate, patient-centered care and are genuinely committed to patients returning to their lives as safely as possible.

Our goal is to help you "Get Well...Go Home" after hospitalization in a manner that is **safe** and minimizes your risk for re-admission to the hospital.

We have successfully returned 81 patients home after rehabilitation at Sunrise Terrace Nursing and Rehab.

This is what our patients have to say about our Transitional Care Program:

"The hospital didn't give me much hope, when I came in, I didn't think I'd be able to go home. Now I'm better than before. Everybody was so good." Wanda Linder

"No complaints, therapy made me work, they were good, that's why I'm going home. I was lucky to come here. Good bunch of people." Butch Johnson

"My therapist cared and worked with me so I could return home." Shirley Finke

"This is a great service you provide here. Everyone was friendly and considerate. Therapy really helped get me back on my way." Julia Bletscher

"If I ever need to be somewhere, this is the best place to be." Eva Kepper

"Oh yes, I would recommend them! All the staff work with you in a caring and encouraging way to do different things. They go that extra mile." Connie Barnes